

MAPLE GLAZED CARROTS

Perth, Ontario 2009 Maple Tour

1 lb. baby cut carrots

3 tbsp. butter

$\frac{1}{4}$ cup pure Ontario maple syrup

$\frac{1}{2}$ tsp. ground ginger

Steam carrots until tender. Melt butter, add maple syrup and ginger. Heat and add carrots. Stir to coat carrots. Cook for a few minutes until carrots are glazed.